



The Prime areas of learning			
Communication and Language	Physical Development	Personal, Social and Emotional Development	
Specific areas of learning			
Literacy	Mathematics	Understanding the world	Expressive arts and design



Parents guide to the Early Years Foundation stage

This leaflet outlines the 7 areas of learning in the Early Years Foundation stage, as well as suggesting some ideas for how to support your child at home.

Personal, Social and Emotional Development

This area of learning relates to how your child...



Activities at home...

Interacts with other.
Deals with emotions.
Manages their own personal hygiene.
Views their own behaviour and that of others and recognises that behaviours have consequences.



Play games which encourage turn taking and sharing.

Talk about feelings and how things make others feel.



Encourage your child to dress themselves and put their shoes and coat on independently.

Communication and Language

This area of learning relates to how your child...

Activities at home...

Communicates with the other children and adults, both verbally and non-verbally.

Listens effectively when appropriate.

Responds to what they have heard with relevant questions.

Follow instructions.



Chat, speak and whisper to your child.

Practice non-verbal communication like; waving, pointing and facial expressions.

Explain the meaning of new words that haven't come across before.

Make play phones from cups or use walkie talkies to encourage speaking and communicating.

Physical Development

This area of learning relates to how your child...

Activities at home...

Shows control over their bodies in both small and large movements.

Handles equipment and tools such as paint brushes, scissors and pencils.

Understands about keeping themselves healthy, including healthy eating and physical activity.



Play ball games and other physical activities.

Take a trip to the park so your child can run, jump and climb.

Activities which involve cutting and sticking.

Use playdough and encourage your child to create shapes and sculptures.

Mathematics

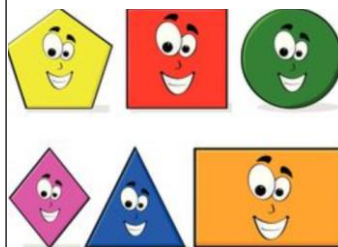
This area of learning relates to how your child...

Shows an understanding of shapes, both by naming and beginning to describe the simple properties of them.

Recognises, counts and forms numbers to 20.

Understands the vocabulary involved in simple calculations.

Use their maths in problem solving.



Activities at home...

Sing number rhymes such as 1, 2, 3, 4, 5 and 5 little ducks.

Play board games which practice counting and the use of a dice.

Ask your child to help you solve problems e.g. I have 2 bananas but there are 4 of us, what shall I do?

Cooking

Look at numbers on doors, cars, signs, phones, remotes etc. Can your child name the numbers?

Literacy

This area of learning relates to how your child...

Activities at home...

Can blend sounds in regular words to read them.

Shows an understanding of what they have read or have had read to them.

Uses their phonic knowledge to write words and begin to show an awareness of sentence structure.



Share the books sent home from school with your child (more than once!)

Take trips to the library.

Encourage your child to write cards or messages to people.

Talk about stories, what the children like and dislike about them and who the main characters are.

Talk about print in the environment such as road signs, logos and symbols.

Understanding the World

This area of learning relates to how your child...

Activities at home...

Shows an understanding of their environment and how it is similar or different to others.

Uses ICT.

Shows an understanding of similarities and differences between them, their family and others.

Explores the world around them.



Talk to your child about your family, religion, beliefs and where you live.

Talk about what you see, hear, taste, touch and feel.

Talk about different occupations.

Ask your child to help you when using ICT equipment such as IPADS, computers, remote controls etc.

Expressive Arts and Design

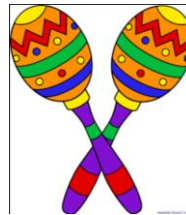
This area of learning relates to how your child...

Activities at home...

Explores and uses media, such as paint, crayons, chalk and collage etc.

Expresses themselves through music, gymnastics, role-play and dance.

Experiments with colour, texture and form, using a range or media.



Make some shakers or other musical instruments using dried peas, pebbles and plastic cups/containers.

Play games such as musical statues.

Dance to different types of music.

Use boxes to make models.

Keep old clothes, hats and shoes to make a box of dressing up clothes.

Name colours and find objects of each colour.