










## Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct

| WEEK ONE                             | GREEN EARTH MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--------------------------------------|--|--|---|---|---|
| <b>Main Meal Option 1</b>            | Creamy Vegetable Pasta Carbonara<br>                          | Chicken Sausage served with Tatter tots & Baked Beans or Sweetcorn   | Chicken Pie & Mashed Potatoes   | Creamy Korma Chicken & Lentil Curry served with Mixed Rice<br> | Fish Fingers served with Chips & Tomato Ketchup       |
| <b>Vegetarian Main Meal Option 2</b> | Wholemeal Cheese & Tomato Pizza served with Potato Wedges<br> | Veggie Sausage Served with Country Diced Potatoes & Baked Beans or Sweetcorn   | Vegemince & Vegetable Pie (Ve) served with Mashed Potato<br> | Cauliflower Cheese & Pasta Bake<br>                            | Cheese Quiche Served with Chips & Tomato Ketchup      |
| <b>Jacket Potato</b>                 | Jacket Potato with Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Tuna Mayonnaise or Cheese or Beans   | Jacket Potato with Tuna Mayonnaise or Cheese or Beans   | Jacket Potato with Tuna Mayonnaise or Cheese or Beans |
| <b>Pasta</b>                         | Pasta with Tomato Sauce  | Pasta with Cheese Sauce  | Pasta with Tomato Sauce   | Pasta with Cheese Sauce   | Pasta with Tomato Sauce                               |
| <b>Sandwiches</b>                    | Freshly Made Sandwiches with Cheddar, Tuna Mayonnaise or Ham   |  |   |   |   |
| <b>Vegetables</b>                    | Mixed Vegetables   | Baked Beans or Sweetcorn   | Carrots and Broccoli  | Mixed Vegetables & Sweetcorn  | Peas or Beans   |
| <b>Dessert</b>                       | Marble Sponge & Custard  | Chocolate Shortbread Biscuits & Fruit Slices (Ve)<br> | Iced Banana Traybake  | Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice<br>        | Chocolate Ice Cream                                   |

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

All meat served is Halal

|   |   |  |  |  |
|---|---|--|--|--|
| Portion(s) of fruit or veg<br> | Source of wholegrain<br> | Contains plant-based proteins<br> | 50% fruit<br> | Oily fish<br> |
|---|---|--|--|--|

**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



## Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

| WEEK TWO                           | GREEN EARTH MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|------------------------------------|--|---|--|---|---|
| <b>Main Meal Option 1</b>          | Macaroni Cheese  | Hot Dog Baguette served with Coleslaw & Potato Wedges                     | Roast Chicken served with Skin on Roast Potatoes & Gravy | Beef Bolognese & Penne Pasta                          | Fish Fingers served with Chips & Tomato Ketchup               |
| <b>Vegetarian Main Meal Option</b> | Wholemeal Cheese & Tomato Pizza served with Garlic Bread     | Veggie Sausage Hot Dog Baguette (Ve) Served with Coleslaw & Potato Wedges | Vegemince Cottage Pie (Ve)                               | Veggie Mince Bolognese & Penne Pasta (Ve)             | Cheese & Onion Pastry Roll Served with Chips & Tomato Ketchup |
| <b>Jacket Potato</b>               | Jacket Potato with Tuna Mayonnaise or Cheese or Beans        | Jacket Potato with Tuna Mayonnaise or Cheese or Beans                     | Jacket Potato with Tuna Mayonnaise or Cheese or Beans    | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans         |
| <b>Pasta</b>                       | Pasta with Tomato Sauce                                      | Pasta with Cheese Sauce   | Pasta with Tomato Sauce                                  | Pasta with Cheese Sauce                               | Pasta with Tomato Sauce                                       |
| <b>Sandwiches</b>                  | Freshly Made Sandwiches with Cheddar, Tuna Mayonnaise or Ham |   |  |   |   |
| <b>Vegetables</b>                  | Peas & Carrots   | Baked Beans & Sweetcorn   | Cauliflower, Carrots and Peas                            | Mixed Vegetables                                      | Peas & Baked Beans  |
| <b>Dessert</b>                     | Ginger & Mandarin Traybake                                   | Strawberry Jelly (Ve)   | Chocolate Cookie (Ve)                                    | Flapjack Finger With a fresh slice of Watermelon (Ve) | Shortbread Biscuits (Ve)                                      |

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

All meat served is Halal

|                            |  |                      |  |                               |  |           |  |           |  |
|----------------------------|--|----------------------|--|-------------------------------|--|-----------|--|-----------|--|
| Portion(s) of fruit or veg |  | Source of wholegrain |  | Contains plant-based proteins |  | 50% fruit |  | Oily fish |  |
|----------------------------|--|----------------------|--|-------------------------------|--|-----------|--|-----------|--|









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## Spring Summer 24 – Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct

| WEEK THREE                           | GREEN EARTH MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--------------------------------------|---|--|--|---|--|
| <b>Main Meal Option 1</b>            | Mildly Vegetable Chilli & Rice (Ve)<br>                                | Chicken Sausage Roll with Homemade Skin on Baked Potato Wedges   | Vegetarian Lasagne<br>        | BBQ Chicken & Vegetables served with Noodles<br> | Friday Fish Fingers served with Chips & Tomato Ketchup |
| <b>Vegetarian Main Meal Option 2</b> | Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread<br> | Cheese & Onion Pastry Roll served with Potato Wedges   | Cheesy Beans Pitta Pocket<br> | BBQ Quorn, Vegetables & Noodles<br>              | Cheese & Tomato Pizza Whirl & Chips                    |
| <b>Jacket Potato</b>                 | Jacket Potato with Tuna Mayonnaise or Cheese or Beans   | Jacket Potato with Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Tuna Mayonnaise or Cheese or Beans   | Jacket Potato with Tuna Mayonnaise or Cheese or Beans  |
| <b>Pasta</b>                         | Pasta with Tomato Sauce   | Pasta with Cheese Sauce  | Pasta with Tomato Sauce  | Pasta with Cheese Sauce   | Pasta with Tomato Sauce                                |
| <b>Sandwiches</b>                    | Freshly Made Sandwiches with Cheddar, Tuna Mayonnaise or Ham  |  |  |   |  |
| <b>Vegetables</b>                    | Roasted Red Peppers & Sweetcorn   | Carrots & Green Beans  | Carrots and Peas   | Mixed Vegetables  | Peas or Baked Beans                                    |
| <b>Dessert</b>                       | Apple Sponge served with Custard<br>                                 | Tutti Frutti Jelly and Mandarins (Ve)<br> | Vanilla Cookie (Ve)  | Lemon & Blueberry Yoghurt Cake  | Flapjack (Ve)  |

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt  
All meat served is Halal

|   |   |  |  |  |
|---|---|--|--|--|
| Portion(s) of fruit or veg<br> | Source of wholegrain<br> | Contains plant-based proteins<br> | 50% fruit<br> | Oily fish<br> |
|---|---|--|--|--|

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